



We are a community-centric organisation that supports people with neuromuscular conditions in WA.

A small team making a big impact, we provide our community with access to free services and support, which we call *Support for Life*.

We are a leader in our field and collaborate on a national level to achieve and maximise quality of life for those living with neuromuscular conditions and disability.





We aim to improve the quality of life for people living with neuromuscular conditions by providing practical help that extends beyond medical care and since 1967, thousands of families have benefitted from our range of free services and programs which have evolved to include the following:

**SOCIAL PROGRAMS** for nurturing connection and support

**CAPACITY BUILDING PROGRAMS** to build resilience and combat social isolation

**COUNSELLING SERVICES** for extra support during transition phases of their journey

**ADVOCACY** to achieve equal access and rights

**EMPOWER GRANTS** for financial assitance to live life at its best

**EDUCATION SESSIONS** to inform our members, their families and those who support them

**COUGHASSIST™ MACHINES** that assist in inhaling and exhaling to avoid severe illness

**RESEARCH & TREATMENTS** into innovative therapies and clinical care

As an organisation our hope is that one day a cure will be found and we will no longer need to exist, but until that happens we will continue to support our members throughout their life, when they need it.

By supporting us through your Private Ancillary Fund, your contribution will have a lasting impact on our current members, and those yet to be diagnosed, for generations to come – it's an investment into the future of those living with neuromuscular conditions and their families.

#### **ABOUT NEUROMUSCULAR CONDITIONS**

Neuromuscular conditions are a group of rare, genetic (inherited or acquired) conditions that impact the muscles and the nervous system supporting them, causing muscle degeneration and weakness. They affect more than 40,000 Australians.

### WHO DO THEY IMPACT?

People of all ages, race and gender are impacted, which makes finding a cure difficult and supporting a diverse community challenging.



In neuromuscular conditions once the muscles are damaged, they have limited ability to repair, often due to the gene that would ordinarily produce protein being defective.

This impacts walking, lifting, speaking and breathing and in many types it will significantly impact life expectancy.



Treatments are very limited and include medication such as corticosteroids to help maintain muscle mass and mobility and physiotherapy to help maintain range of movement and prevent contractures.





WE ARE WHO WE SAY WE ARE

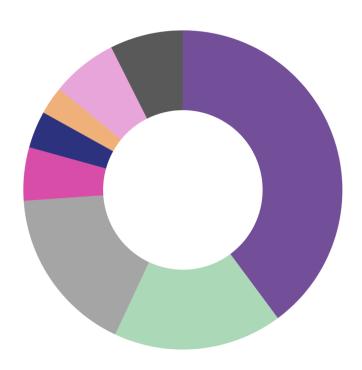
WE -LOVE -FUN -

YOU MATTER, YOU BELONG

WE'RE HERE FOR YOU



#### FINANCIAL INFORMATION



## Average Income 2018-2022

- Fundraising & donations: 40%
- Grants: 17%
- Projects & scholarships: 17%
- Bequests & trusts: 5%
- Dividends: 4%
- Interest: 3%
- Investments: 7%
- Other income: 7%

\$616,493
TOTAL FUNDRAISING & DONATION INCOME 2022

\$11,040

**TO PROVIDE 1 COUGH ASSIST™ MACHINE** 

\$35,000

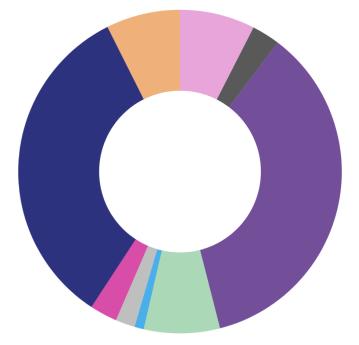
**IN EMPOWER FUNDS GRANTED IN 2022** 



**INVESTMENT INTO COMMUNITY & PROGRAMS 2022** 

\$172,499

FUNDS INVESTED INTO RESEARCH PROJECTS, GRANTS & SCHOLARSHIPS 2022



# Average Expenses 2018-2022

- Financial costs: 7%
- Depreciation: 3%
- Community expenses: 36%
- Grant expenditure: 8%
- Advertising & promotion: 1%
- Administration: 2%
- Rent & Utilities: 3%
- Salaries & wages: 33%
- Fundraising expenses: 7%

